

LETS GET CREATIVE!

WELLBEING SUPPORT FOR CARE LEAVERS



You are being invited to take part in a zine workshop as part of a research study by What Works for Children's Social Care. Please read this information sheet carefully and decide whether or not you want to take part. If you would like to talk through any of this information, please let the person who gave it to you know.

What's the research about?

We have been finding out about what is available to care leavers to support their wellbeing. We have been speaking to care leavers and people who work with care leavers to understand their experiences of providing and accessing wellbeing support. We have written a report on what we've found out to share with professionals, policymakers and other researchers.

How will I be involved?

We want your help to create a zine that will tell people about the report, as well as what you think of the findings. The workshop will take place on **Friday 5th May** between **12 - 2pm** and you can join in person at our office in Westminster (we'll pay for your travel) or you can join online on Zoom.

What's a zine?

A zine is a independently published piece of work of art and text, usually in an A5 booklet style. Zines are an accessible way for all ages to feel creative and make their voices heard. The workshop will be led by a zine facilitator who will help us to create one as a group. All materials will be provided even if you join online - and you don't need to be an artist or writer to give it a try!

What happens after?

After the workshop, the zine facilitator will be using what you have said and created in the workshop to make a digital zine. We'll send a draft copy to everyone who takes part to make sure everyone is happy with the final design, which will be published on our website in 2023. You can choose to have your name on it, or a pseudonym (fake name) if you want to be anonymous.

What's in it for me?

This is an opportunity for you to help us share our research findings and share your views on what these mean for you. As a thank you, we will give you a £25 voucher for taking part.

Are there any negatives to taking part?

Emotional wellbeing is a personal topic and talking about it may bring up some strong emotions. If there are any questions that you don't want to answer, you can choose to just listen to others or take a break.

Do I have to take part?

No! It is up to you whether you want to take part. If you sign up but change your mind later, it's okay to withdraw!

Who is involved in the study?

The study is being run by What Works for Children's Social Care. We talk to people to find out what works to improve how professionals support children in care and care leavers.

I have a question - who should I ask?

To take part, or to find out more, or if you don't understand this information, you can contact us at: **alyssa.eden@wweicsc.org.uk**. If you are unhappy about something related to your participation and wish to make a complaint, you can do so by contacting Alyssa or the research team at **research@whatworks-csc.org.uk**